

Medical Advisory

- a. If you are not sure of your physical health, please seek the advice of a medical professional before you register for the race.
- b. Participants are to ensure that they are well-rested and well-hydrated on day of the race.
- c. Participants are advised to dress lightly.
- d. Should any participant feel unwell in the course of the race, he or she should stop and seek immediate medical attention.
- e. All participants must be in good health and have no known medical condition that would restrict their ability to participate in running the race. All participants must ensure that they are fit, well enough and have no pre-existing medical conditions to undertake the race.

Running

- a. Runners must wear their bibs at the front of their adorned apparel at all times during the run.
- b. Support vehicles or pacers are not allowed.
- c. Runners must run on the designated path for the entire route. Failure to do so may result in disqualification.
- d. Wearing headphones is not allowed at all times.
- e. Running topless is not allowed and will lead in disqualification.

General

- a. Registration for the race will be entertained through our website “ www.brr.bh “. NO OTHER MEANS OF REGISTRATION WILL BE ENTERTAINED.
- b. The organizers will not be responsible for any disputes arising from incomplete or wrong entry information given by the participant.
- c. The race registration will only be confirmed when full payment of race registration fee has been made. A **Race Confirmation Slip** will be sent to the registered email address after registration to confirm your race entry.
- d. Completion of the race entry form is evidence of the participants’ agreement to abide by the relevant rules and regulations.
- e. Participants’ who do not collect their Race Kit on the race kit collection day will not be allowed to race on race day.
- f. In the case of missed, faulty bib’s and race kit after collection. They will not be exchanged nor returned. In the case of not showing your bib on race day,
- g. On race day, in the event of inclement weather, hazardous conditions, the organizers reserve the right to delay the commencement of the race, shorten the race or modify the course.
- h. Should the inclement weather or other hazardous conditions persist after the action. The organizers reserve the right to cancel the race.
- i. The timing chip is the sole means of race timing measurement. **NO CHIP = NO TIMING = DNF (did not finish)**.
- j. The Organizers will not be responsible for any inaccuracy in participant’s race timings due to improper wearing of the Timing Band.
- k. All participants agree to race entirely at their own risk and in the unlikely event of injury, accident, loss or damage suffered to their person or their property, regardless of however it may be caused, no responsibility whatsoever shall be attached to the organizers, sponsors or any personnel involved in the organization.

